

April Newsletter Calendar Links

April 1

- The Louvre: <https://www.louvre.fr/en/visites-en-ligne#tabs>
- Edinburgh Zoo Live Penguin Cam:
<https://www.edinburghzoo.org.uk/webcams/penguin-cam/#penguincam>

April 2

- NASA Image Gallery: <https://images.nasa.gov/>
- The Walters Art Museum Online Exhibits: <https://thewalters.org/experience/exhibitions/>

April 3

- Solomon R. Guggenheim Museum Online Collection:
<https://www.guggenheim.org/collection-online>
- Listen to BBC's "A History of the World" Podcasts:
<https://www.bbc.co.uk/programmes/b00nrtd2/episodes/downloads>

April 6

- National Women's History Museum Online Exhibits:
<https://www.womenshistory.org/womens-history/online-exhibits>
- Download Free e-Books at Project Gutenberg: <https://www.gutenberg.org/>

April 7

- Metropolitan Museum of Art Online Exhibits Virtual Tour:
https://artsandculture.google.com/streetview/metropolitan-museum-of-art/KAFHmsOTE-4Xyw?hl=en&sv_lng=-73.9624786&sv_lat=40.7803959&sv_h=336.533236495309&sv_p=3.6255970584203254&sv_pid=KeFx8oXHzeuY8L5rfepHaA&sv_z=0.6253222631835352
- Play a board game online: <https://en.boardgamearena.com/join>

April 8

- Atlanta Zoo Panda Cam: <https://zooatlanta.org/panda-cam/>
- Learn more about 20th Century history from the Historical Association:
<https://www.history.org.uk/secondary/resource/9713/exploring-and-teaching-twentieth-century-history>

April 9

- Smithsonian National Museum of Natural History Virtual Tour:
<https://naturalhistory2.si.edu/vt3/NMNH/>
- Edinburgh Zoo Live Tiger Cam:
<https://www.edinburghzoo.org.uk/webcams/tiger-cam/#tigercam>

April 10

- Van Gogh Museum Virtual Tour:

https://artsandculture.google.com/streetview/van-gogh-museum-groundfloor/2QHwyv_Y6gueAw?hl=en&sv_lng=4.8808198&sv_lat=52.3585336&sv_h=0.07351778050821167&sv_p=-14.958125813166376&sv_pid=T4EwMNbRYOhcEPF8T1I8xw&sv_z=1

- Try Headspace, a meditation and mindfulness website: <https://www.headspace.com/>

April 13

- Georgia Aquarium Live Beluga Webcam:

<https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

- Virtually Visit any US National Park on Google Earth:

<https://earth.google.com/web/@34.7325599,-94.20828246,312.21005962a,12000000d,35y,0h,0t,0r/data=Ci0SKxlgMzVhNjc1YmQ0NjVjMTFIOTg0Yjg1NTMyNWRjMDk2MzQiB3ZveV90b2M>

April 14

- The Vatican Museum Virtual Tour:

<http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.html>

- Tour the Sydney Opera House:

https://artsandculture.google.com/streetview/sydney-opera-house/KgGPW2YWtcHpBg?sv_lng=151.2135034733324&sv_lat=-33.85845058282505&sv_h=40.867366275591294&sv_p=-9.9432699178776&sv_pid=opBj2MqN2Mk4yX5QdZPYDw&sv_z=1

April 15

- National Museum of Anthropology, Mexico City Virtual Tour:

<https://artsandculture.google.com/asset/the-national-museum-of-anthropology-mexico-city-ziko-van-dijk-wikimedia-commons/bAGSHRdlzSRcdQ?hl=en>

- Follow this low-impact Zumba class for seniors:

<https://www.youtube.com/watch?v=WYdJHpQL8-k>

April 16

- Virtual Chat with our Executive Director, Douglas Dunn at 10:00 am, to join email Douglas at executivedirector@southgranvilleseniors.ca

- Tour the Taj Mahal in New Delhi, India:

https://artsandculture.google.com/streetview/taj-mahal/UwGKcX7FFM5U4g?sv_lng=78.04199578168942&sv_lat=27.17376226664116&sv_h=16.506282250787166&sv_p=11.190250588019737&sv_pid=vQAmRxAVGgXXQmPcT8d0cQ&sv_z=1

April 17

- Museum of Fine Arts, Boston Online Collections:
<https://artsandculture.google.com/partner/museum-of-fine-arts-boston?hl=en>
- Listen to the beautiful nature and ocean sounds from St. Barth (Scroll Down):
<https://www.lebarthelemyhotel.com/en>

April 20

- The British Museum, London Virtual Tour (A MUST SEE!):
<https://britishmuseum.withgoogle.com/>
- Watch a livestream of the ocean from Hotel del Coronado in California:
<https://hoteldel.com/live-webcam/>

April 21

- NASA's Langley Research Centre Virtual Tour: <https://oh.larc.nasa.gov/oh/>
- Follow this relaxing Yoga for Seniors video: <https://www.youtube.com/watch?v=kFhG-ZzLNN4>

April 22

- Houston Zoo Elephant Live Webcam:
<https://www.houstonzoo.org/explore/webcams/elephant-yard-cam/>
- Tour the Eiffel Tower in Paris:
https://artsandculture.google.com/streetview/tour-eiffel/sAHt5Gv4YGH84Q?sv_lng=2.294697006132574&sv_lat=48.85816565109427&sv_h=110.43415432577768&sv_p=-5.23082121580255&sv_pid=Pe03wIAND2EexK9ITcxm0w&sv_z=1

April 23

- Getty Museum Online Exhibits:
<https://artsandculture.google.com/partner/the-j-paul-getty-museum?hl=en>
- Listen to this guided meditation to calm the mind:
https://www.youtube.com/watch?v=_jGWdUTiflQ

April 24

- Natural History Museum, London Online Exhibits:
<https://artsandculture.google.com/partner/natural-history-museum>
- Learn to Bollywood dance with this beginner tutorial:
<https://www.youtube.com/watch?v=SsGtNa3Oo3Y>

April 27

- San Diego Zoo Live Webcams (Koalas, Penguins, Tigers, and more!):
<https://kids.sandiegozoo.org/videos>
- Watch a TedTalk that teaches you something new: <https://www.ted.com/talks>

April 28

- The Museum of Modern Art Online Collection:

<https://artsandculture.google.com/exhibit/sophie-taeuber-arp/swKioHNhYqZoLw?hl=en>

- Start journaling with these 30 journal prompts on self-reflection:

<https://psychcentral.com/blog/30-journaling-prompts-for-self-reflection-and-self-discovery/>

April 29

- The Vancouver Symphony Livestream of their concert at BeethovenFest:

<https://www.vancouversymphony.ca/vso-livestream>

- Follow this seated exercise video for low-impact movement:

<https://www.youtube.com/watch?v=8BcPHWGQO44>

April 30

- Palace of Versailles, France Online Exhibits and Virtual Tours:

<https://artsandculture.google.com/partner/palace-of-versailles>

- Follow this stretching video to relax your muscles:

https://www.youtube.com/watch?v=J_Fi-kOuZns