# SOUTH GRANVILLE SENIORS CENTRE



2019-2020 ANNUAL REPORT



# TABLE OF CONTENTS

Mission	2
Board Members 2019	2
South Granville Seniors Centre Team 2019	2
President's Report	3
Executive Director's Report	
Appendix A: List of 2019 Programs	
Appendix B: List of Events	
Appendix C: List of Partners and Funders	
Appointment of Election and and a discontinuing	

#### **MISSION**

The South Granville Seniors Centre works together with seniors to support their well-being in ways that promote friendship, diversity, and individual worth.

#### **BOARD OF DIRECTORS 2019-2020**

President: Les Blond Vice President: Jag Sangha

Vice President: Mairy Beam (Until October 2019)

Business Secretary: Linda Darbey (Until October 2019)

Secretary: Mairy Beam (Until April 2020) Treasurer: Susan Luo (Until April 2020)

Director-at-large: Stella Tsang Director-at-large: Penny Williams Director-at large: Patrick Couling Director-at large: Beatrice Gill

Director-at-large: Christine Heung (Until April 2020)
Director-at-large: Vessa Samson (Until April 2020)
Director-at-large: Sharon Esson (Until October 2019)
Director-at-large: Beryl Petty (Until October 2019)
Director-at-large: Barbara Kirby (Until October 2019)

### SOUTH GRANVILLE SENIORS CENTRE TEAM 2019-2020

Executive Director: Clemencia Gomez (until February 2020), Douglas Dunn Office Administrator and Program Assistant: Cindy Beltran

Program and Volunteer Coordinator: Melissa Krowchuk

Project Coordinator: Beandra Nassar

Latin Seniors Outreach Coordinator: Danna Garcia

# PRESIDENT'S REPORT

Dear Members, as President of this society I am obligated to report to you, our members about our current state and past year.

First of all, I thank our volunteers, the Board of Directors and the staff for working hard to serve our members under extremely challenging conditions. Our new Executive Director, Douglas Dunn, joined us just as the COVID-19 situation was unfolding, which led quickly to the closure of our Centre. He then led the staff into a new regime of working remotely and delivering services to keep everyone involved connected. We have all endeavoured to continue programs as much as possible, while keeping everyone informed. You now have access to a functioning website, which benefits all of us. Our grants and funding have continued, although our revenue is obviously interrupted. We have been successful in obtaining various emergency wage and rent assistance in order to continue operating. In short, we will continue as necessary with limited physical facilities and prepare for the reopening of our premises when we are permitted to do so in a manner which we deem safe.

We are lucky to have clever, talented people to guide our programs and office systems. If you could see them, you would notice some new faces performing as summer and temporary workers and might even recognize a familiar face or two. Like you, I am hoping to interact with these terrific people face to face (perhaps with masks) as soon as possible.

We continue to need our members' support and participation of our volunteers, many of which will work from home connecting electronically or by phone. Your help is appreciated.

For the future of this society, I foresee by 2030, perhaps sooner, we will be thriving and independently operating out of new spacious premises in this neighbourhood under a long term lease with the City of Vancouver. Our financial position will be the envy of many other non-profit societies. Our membership will have grown to three times its present number to accommodate the growing grey tsunami of seniors in South Granville. Our new larger facility will welcome that many members and serve them 7 days/week.

Unfortunately I have no specific details about how and when the above vision might be achieved although we have been working toward this result for many years. During the next 5 years, we may have to rework our idea of how and where we can continue to operate effectively. We might have to occupy different premises temporarily while we wait for events out of our immediate control to occur. We must remain patient and keep our vision focused on the result. I am optimistic. The fact that we remain strong in the face of the tumultuous changes prevalent in our world is comforting.

- Les Blond

# EXECUTIVE DIRECTOR'S REPORT

#### Dear Members,

This report covers the extended year January 2019 to March 31, 2020 and in that time much has changed. We celebrated our 40th Anniversary with fun and flare, and then had to say goodbye to our longtime friend, Executive Director Clemencia Gomez. All our thoughts and best wishes go with her. Unfortunately, that high and low were just the foreshadowing of things to come.

Though this report covers up to March 2020, we must address the massive impact of the COVID-19 pandemic. The Centre was closed for in person programming and the staff, with the incredible support of our volunteers, scrambled to ensure we all stayed connected and create events and activities we could share in, even if they were virtual or at local parks.

The vision for the future of the Centre will include a new style of program presentation combining in person and virtual elements, restructuring of the physical spaces for in person programming, fewer large gatherings, and a recommitment to our core mission and vision. The focus, however, will always be on being the community living room for our members, a place of caring and sharing, of fun and education. I pledge to continue the commitment of Clemencia, the staff, directors, and volunteers, to create a safe and inclusive space, where social interaction and meaningful relationships can be nurtured as we participate in programs and activities that address not only our social, but physical and mental health as well. A place of community and compassion.

The Chinese curse, "May you live in interesting times!" is all too prescient for 2020, however together we will honour our past and create a new style of Centre while holding close our core values.

Stay Well, Stay Safe, Stay Loving
- Douglas Dunn



#### WHAT IS SGSC ABOUT?

#### 1. 2019-2020 PROGRAMS

Here at the Centre, we provide more than 1,500 seniors with a variety of wellness, recreational, educational, multicultural and food programs and services in our community.

By providing these services we help to keep seniors healthy, active and independent. We connect with one another, make friends, socialize and stay engaged. We cultivate a sense of belonging, where together we can build a healthy community for all of us.

The Centre's grassroots model focuses on relationships, values and peer to peer support to manage the ongoing challenges seniors face. As a community-based organization that provides programs for seniors, we also play a very important role in the prevention of and early intervention in chronic illness and isolation. In short, we help keep seniors out of hospitals.



#### 33 Programs

In 2019-2020, We ran 2 food security programs, 4 self-care programs, 7 exercise programs, 7 educational programs, and 8 social and 5 support services (Please see appendix A)



#### 73 Special Events & Trips

In 2019-2020, We held 4 planning meetings, 2 fundraisers, 10 health & wellness seminars, 1 volunteer meeting, 21 arts and cultural events, 18 trips, and 17 educational workshops, (Please see Appendix B).

#### 2. VOLUNTEER PROGRAM

Our volunteers play a paramount role in the execution of our programs and events. With our staff team consisting of three full-time and two part-time staff members, we rely heavily on volunteers to keep our Centre up and running.

The volunteers of the South Granville Seniors Centre are the foundational backbone to the organization. From dishwashing with the lunch program, answering phones, sorting donations for the bazaars to setting and cleaning up at the bi-annual bazaars, volunteers have time and time again proven that they are integral to the operations of Centre. We are truly appreciative of their relentless devotion and dedication to the Centre and helping other seniors in our community.

259 Permanent Volunteers gave 5,272 hours which equals a value of \$76,972.

We are immensely proud of the number of hours that volunteers contribute on an ongoing basis and are equally as grateful to each volunteer's contribution to the Centre.

Our volunteer program brings many diverse groups of people together – including business people, ESL students, newcomers to Canada, and people with disabilities, who are looking to gain valuable employment skills as well as the rewarding feeling of contributing to their community.

As volunteers come to the Centre daily, many of them have responded that it does feel like a second home and family. Others have commented of how wonderful they feel to be able to give back to the community, feel welcome to be part of the South Granville Seniors Centre community, and proud to be helping the Centre. The Centre always believes that when volunteers give back to the community through their volunteerism at the Centre, the Centre helps them too!

#### **MEET OUR STAFF**



Rachael Hanesson Project coordinator



Cindy Beltran Office Administrator



Danna Garcia Spanish Coordinator



Sarah Nelson Program Assistant

#### 3. LUNCH PROGRAMS

During the week, the Centre serves hot lunches to our members. On Wednesdays, we offer an authentic Latin American lunch. The lunch program continues to support seniors by providing affordable and nutritious meals, while creating a space to foster social connections among the members.

Every Wednesday, the Latin members of South Granville Seniors Centre are offered a three-course lunch (soup, main course and dessert), prepared especially for adults over 55 years of age, taking care of the aspects recommended by Health BC. Lunch is prepared by our Latino Chef and at least three volunteers, and is served at 1:00 pm. It costs \$7.00 for members, \$8.00 for non-members and \$5.00 for volunteers. When special dates of each country are commemorated (independence anniversaries) our chef prepares dishes with the typical food of that place in Latin America.

"Lunchtime at SGSC is one of my favorites on Wednesdays because the chef prepares the food with a lot of love and the volunteers serve us with great kindness, also, the food is delicious!"-Iro

"Every Wednesday, the members of the Spanish program receive a delicious lunch, specially prepared to keep us healthy. The taste of the food reminds me of my native country, Peru, because the chef prepares typical Latin American dishes."-Mercedes



#### **4 Lunch Volunteers**

Helped to shop for, set-up, cook, serve, and clean up after lunch each week

1,136 volunteer hours were worked in the kitchen.



#### Approx. 1440 Meals Served in 2019

Lunches are served every Tuesday,
Thursday and Friday to
approximately 30 seniors a week
Tuesday and Thursday three-course
lunches cost \$7 (\$7.50 for nonmembers), while Friday soup and
sandwich lunches cost \$6 (\$6.50 for
non-members).

#### 4. INCLUSIVITY

At the SGSC, we are firmly committed to developing an organization that has a positive impact on our community. Our staff and volunteers strive to make positive changes to the world around us through our work and everyday operations. It is of the utmost importance to us that we create a space where all people feel accepted, included, and respected no matter their colour, gender, sexuality, creed or ability. We are proud to have staff, members, and volunteers from all over the globe, and we would not be who we are without them. The SGSC will not tolerate racism or discrimination in any of its forms. It is for this reason that silence is no longer an option. It is all of our responsibility to speak up and stand up when we see that things need to change. We are vehemently against racism, sexism, ageism, ableism, and homophobia. Now, more than ever, it is important that we stand together in the face of hatred and injustice. The South Granville Seniors Centre wholeheartedly supports Black Lives Matter and its mission. We will continue to education ourselves and elevate our consciousness in order to better serve our community.



#### 5. HOW WE'RE PROMOTING THE SGSC

At the South Granville Seniors Centre we understand that not all of our members use computers. We want to ensure that we are communicating with our members through a variety of methods to maximize our reach.

#### **Isolated Seniors Outreach Program**

 Trained volunteer callers reach out to members to check in, have a chat, and give updates about the centre.

#### **Weekly News Bulletins and Digital Monthly Newsletters**

• Each week, we send out a weekly news bulletin to our members that have email. This includes information about upcoming events and programs, as well as a list of important resources, including websites and phone numbers

#### **Physical Copies of the Newsletter**

 Over 200 of our members do not utilize email or do not have regular access to a computer device. Newsletters are packaged and mailed out to these members at the beginning of the month to ensure that they are informed about upcoming events and important resources

#### **Social Media**

- A few of our members use social media to engage with us
- It is a great tool to connect with other organizations in the non-profit sector and to build relationships with future partners

#### **Clemencia's Farewell Party**

On February 14, 2020 the Centre held a going away party for Executive Director, Clemencia Gomez. The party was well attended with over 150 guests. Clemencia worked as the Executive Director for 11 years. Clemencia was a phenomenal community leader who developed created a warm and loving space where everyone felt welcome and included.





#### 31 Twitter Posts and 479 followers

Promoting the Centre and connecting with other organizations.



#### 57 Facebook Posts and 334 followers

Promoting events and programs at the Centre to our members and followers.



### 36,487 Website Views from January 2019-March 2020

With 81 Average Daily Website Views.



#### 793 E-Newsletter Subscribers

500 physical copies are printed each month.

Newsletters are available in both English and

Spanish.



#### 24 subscribers on YouTube

Sharing virtual programming with our members



#### 39 Instagram posts and 138 followers

Promoting the Centre through photos of events and sharing our community with other organizations

#### 6. FUTURE-PROOFING

#### **Background**

South Granville Seniors Centre (SGSC), 411 Seniors Centre (411), and the West End Seniors Network (WESN) (as a group the core of the Alliance of Seniors Centres of BC) are working together on a several projects to help create the Seniors Centre of the future, in a phrase "Future Proofing" our Centres which, due to COVID-19 pandemic, needs to arrive sooner rather than later. We plan on expanding/creating a linked programming approach that features both inperson and virtual programming to assist with the issues of social isolation and related concerns (mental and physical health, depression, etc.) associated with physical and communications disconnection from others and a supportive community. A further motivating factor for the project is given the current conditions our and many other Senior Centres are in, we may not be able to reopen to regular programming (whatever that may look like post-pandemic) until the end of the year, perhaps not until Spring of 2021.

#### **Future Proofing**

Future Proofing speaks to the reality of Seniors in the 2020's. Younger seniors joining our Centre's while physically able to attend a centre in person, will expect up to date, state of the art technological systems to be in place to allow them to see program offerings or book into program and activities online, unable to attend in person they would be completely comfortable with logging into a virtual session or online conference. On the other end of the spectrum we have a generation of seniors who are not able to attend a centre even pre-pandemic and are socially isolated due to their physical or other challenges. They desperately need social connections and supportive programming. The inevitable will of course happen as the current "young" seniors also age and find themselves unable to attend a centre in person. By creating a combination in person/virtual Seniors Centre we can meet the needs of both groups while preparing for the normal stages of life and offering a new continuum of engagement and support for our seniors.

#### **Technologies**

Technology can help older Canadians to keep healthy and active, increase their safety and security, support independent living, and enhance social participation, whatever the person's needs, abilities, and circumstances.

Handheld tablets, which are easy to use and connect to cellular networks and therefore do not require Wi-Fi hardware or connection, are becoming relatively inexpensive. We are working with one company beta testing an application utilizing inexpensive tablets to link seniors to their own personally selected community through tablets or other web enabled devices. Developed and brought to market by Academics and professionals in the field of gerontology this product looks to have great application to the needs of seniors. Another element, student volunteers that are working with us are building an Intergenerational App designed to bring seniors and youth into communications with each other.

#### **Partners**

Simon Fraser University's Science and Technology for Aging Research (STAR) Institute is committed to supporting community-engaged research in the rapidly growing area of technology and aging. The Institute supports the development and implementation of technologies to address many of the health challenges encountered in old age, as well as address the social, commercial and policy aspects of using and accessing technologies. They are working with AGEWELL, a national innovation hub as well as many other organizations. The project plans to link with STAR for the identification and evaluation of appropriate technologies.

Additionally University of Toronto and University of British Columbia are involved with the project providing support: University of Toronto with FamliNet project support, and UBC with support for work with seniors impacted by dementia.

Best Buy Digital Health (a unit of Best Buy Canada) is willing to supply training for seniors involved in the program, technical, and logistic supports, and interface with Best Buy Canada for product provision and discounting.

Partial funding has been provided from a grant coordinated by the Vancouver Foundation, the COVID19 Community Response Grant, funding provided by the United Way of the Lower Mainland, Vancity Credit Union, City of Vancouver, and the Vancouver Foundation.

The project will experiment with utilizing existing technologies in a novel way using telepresence. Telepresence sets consist of a large screen laptop with built in camera, mounted on an audiovisual dolly with a directional microphone and stereo speakers. These telepresence systems can be wheeled into any program or activity taking place to allow the semblance of reality as the person viewing remotely will be seen on the screen by other participants and will be able to verbally and visually interact with them.

Even if the beta test and Intergenerational App are not widely adopted, we as a sector servicing senior know that the future lies with online connectivity and provision of support, services, and programming. One area right now highlighted by COVID19 pandemic response is seniors connecting with their health care providers without physically attending an office/hospital.

The core of this project would be an intensive and ongoing engagement with City of Vancouver community organizations and in other municipalities across MetroVancouver. Input would be sought from organizations and municipal departments starting with asset mapping, and then in direct survey work with seniors, new immigrants, and at risk individuals to evaluate the specific needs, barriers to success, and of course ongoing evaluation as the program is developed. To drive our efforts, we have a wonderful team of staff and volunteers along with partners and support organizations with the organizational, programming, and technical knowledge to make the program a success.

What we require is capital funding; to bring our organization up to an internal equipment and systems level capable of handling the challenges of the project, to create a "lending library" of tablets to allow members and others to access the virtual aspects of the project, and to fund the creation of tele-presence systems as the new normal is stablished.

In an effort to ensure the results of this project can be utilized by as many seniors centres as possible, and as financial constraints will be one of the biggest challenges facing the implementation of new/virtual programming, we are also in partnership with BC Technology for Learning Society, which provides refurbished computers and laptops at minimal costs. We will test and explore the options of using these lower costs systems in the project ensuring maximum utilization of the template for the seniors centre of the future.

#### **Templating the Seniors Centre of the Future**

SGSC working with a wide range of partners and other organizations proposes to be a test site to create a Seniors Centre for a "new normal". Given the relatively small size/membership base of our Centre 450 members/1,500 participants the project would be relatively easy to manage yet is of a size that any resulting template can easily be scaled up. We will start with 40 lendable units however anyone processing a web-enabled device can participate in the programming to be offered. In the second and third years working with 411 Seniors and West End Seniors Network we expect at least 120 – 150 individuals will directly benefit from the lending library of tablets with another 1,200 to 4,800 individuals participating in the program offerings. Participants will be 55 years and older with the expected average to be 74 years old. The majority of those participating in the program are considered socially isolated, and for the South Granville Seniors Centre a large number will be new immigrants.

#### **Digital Skills Building**

The large percentage of Senior Centre members have fixed or limited incomes or are living in socioeconomically challenging circumstances, and we also host the largest Spanish Seniors program in the City many of whom are new immigrants seeking support. Our sister Centre 411 Seniors services Vancouver Downtown Eastside which has a high at-risk population of seniors and so access to web enabled devices, and/or data service plans can be financially impossible. Many members also are members of Vancouver's community of colour and LGBTQ2 community. So to win over technologically averse individuals (currently over 60% of SGSC seniors either have no or very limited access/use of the internet) and address the financial situation of the majority of seniors, lending libraries of web enabled devices and inexpensive or free, data plans are a vital part of the projects vision. Project partners Best Buy Health will be providing regular "digital literacy" training which will ensure all participants, even if without a personal device, have skills to access and utilize online resources.

#### **Linked Programming**

Linked programming approach is meant to utilize the available community assets to ensure a great breadth and depth of programming and engagement opportunities are available to seniors. One organization can host the daily Tai Chi or Yoga class online, while a second organization can arrange a partnership with Meals on Wheels for home delivery of food for an online lunch "cook along" session. Knitting circles could reach across the province hosted by a Northern Seniors Centre. The possibilities and opportunities are endless. Starting with the Alliance of Senior Centre's of BC, we could easily fill a daily "virtual" seniors centre with programming. As we move from the strict in person limitations due to the COVID19 pandemic and our centres reopen, limited groups could meet in person while many more can continue to attend virtually. To quote Steve Jobs, founder of Apple, "The best way to predict the future is to invent it." This is our chance to take the adversity of the COVID pandemic and create a positive outcome for our organization and our members.

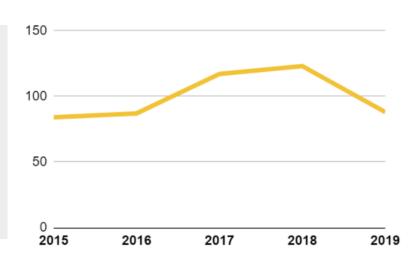
#### 7. MEMBERSHIPS

#### **NEW MEMBERS**

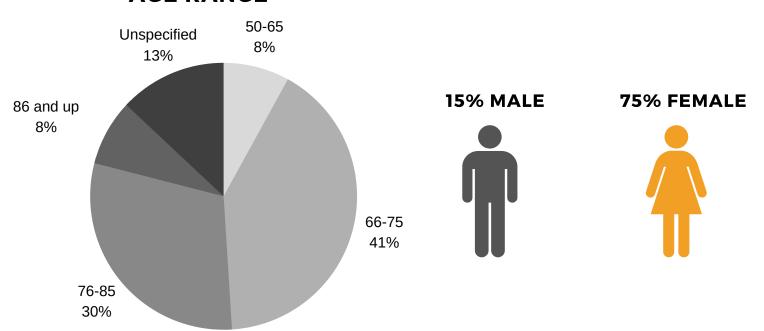
**254 MEMBERS TOTAL** 

160 UP TO 1 YEAR EXPIRED MEMBERSHIPS

96 NEW MEMBERS FROM JANUARY 2019 TO MARCH 2020



#### **AGE RANGE**



The reminder calls to members with expired or nearly expired memberships made by our volunteers at reception were essential in maintaining memberships. However, there is a large number of members who do not renew after one year. Our reminder calls were put on pause due to COVID. In July, we updated the membership forms and enabled new methods of payment. Our volunteers have resumed their calls.

#### IN CLOSING

I would like to close with some special thanks. To Clemencia Gomez for 14 years of service to our community and members. To our incredible funders and donors who have given to us not just funds but the flexibility during the pandemic to retool to realize a new normal. To our wonderful volunteers who make the organization run in every aspect. To our Directors whose hard work, patience, and understanding have given myself as the new Executive Director and our staff team the flexibility and trust to deal with the impact of the pandemic and formulate just what the new normal may be. Thank you one and all.



# APPENDIX A: LIST OF 2019-2020 PROGRAMS

#### **EXERCISE**

Gentle Yoga Stretch and Strength Osteo-Fit Intro to Latin Dance Tai Chi Chair Yoga Walking Club

#### **EDUCATIONAL**

News and Views
Computer and Tech Lessons
Beginners Spanish
Intermediate Spanish
Meditation
Old Civilizations
French Conversations

#### **SELF-CARE**

Hand and Foot Care Massage Therapy Hair Care Hearing Clinic

#### **FOOD**

Hot Lunch Tuesday Multicultural Lunch

#### **SOCIAL**

Mustard Seed Knitting Group
Book Club
Amaryllis Singing Group
Mah Jong
Bridge
Canasta
Spontaneous Art Studio
Creative Writing

#### SUPPORT SERVICES

Representation Agreements – Planning for the Future and End-of-Life Care CVITP Income Tax Clinics Information & Referral / Peer Support Legal Clinics Weekly Call List

# APPENDIX B: LIST OF EVENTS

#### **Educational Workshops (17)**

Vancouver Public Library Presentation
Life-writing Workshop
Financial Literacy Workshops (2)
NIDUS Workshop (2)
How Beer is Made Workshop
Introduction to Beer Styles Workshop
YMCA Digital Literacy Workshops (3)
Best Buy Health Canada Workshops (2)
Spirituality Workshop
Estate and Funeral Planning Workshop
Fraud and Scams Presentation
Podcast Workshop

#### Health and Wellness (10)

Hearing Clinic (3)
Goodlife Fitness Exercise Class
Osteoporosis Clinic
Acupuncture Presentation
Pharmacare Presentation
Talking to your Pharmacist Presentation
Flu Shot Clinic
Oral Hygiene Presentation

#### **Volunteer Meetings (1)**

Volunteer Meeting and Training Refresher

#### **Planning Meetings (4)**

Annual Membership Meeting
Annual General Meeting
Board of Directors Election
Candidate Community Meeting

# APPENDIX B: LIST OF EVENTS

#### **Arts/Culture Celebrations (21)**

January in Provence Multicultural Lunch

**Volunteer Appreciation Party** 

Valentines Day Lunch

Chinese New Year Celebration

Japanese Carnival

Easter Luncheon

Art gallery and Auction

Seniors Multicultural Festival

Mother's Day Tea

Arts Umbrella Show

**Summer Block Party** 

**Annual Summer Picnic** 

Mid-Autumn Dance and Moon Cake

Demonstration

Thanksgiving Lunch

40th Anniversary Open House

Mad Hatter's Halloween Tea Party

Christmas Luncheon

Holiday Potluck

Volunteer Appreciation and Clemencia's

Farewell Party

Birthday Celebrations

#### **Trips (18)**

Ballet BC

Harrison Hot Springs (2)

**Loblaws Market Tour** 

**Bowling Tournament (3)** 

Bowen Island

**Craft Brewery Tour** 

Victoria

Stanley Park and Tennis

Nitobe Gardens and UBC Botanical

**Gardens Tour** 

Crescent Beach

**Berry Picking** 

Vancouver Art Gallery

Museum of Vancouver

Holiday Lights Vancouver

#### Fundraisers (2)

Spring Bazaar

Holly Bazaar

# APPENDIX C: LIST OF PARTNERS & FUNDERS

411 Seniors Centre

Aboriginal Friendship Centre

Access Pro Bono Society of BC

Adler University

Alliance of BC Seniors Centres

Alzheimer BC

Afghanistan Seniors Group

Arts Club Theatre

Ballet BC

Ballet Folklorico de Mexico

BC Iranian Seniors Society

BC Multiculturalism Grant

Boston Pizza

Canada Post

Canadian Centre for Elder Law

Canada Revenue Agency

Canadian Western Bank

Chalmers Lodge

Chilliwack Cultural Centre

Connect Hearing

Deloitte Canada

**Developmental Disabilities Association** 

FamliNet

Finlandia Pharmacy

Ethical Bean

**Evergreen Cultural Society** 

The Hon. George Heyman MLA

Georgia Straight

Go Volunteer

Greater Vancouver Food Bank Society

Haro Park Lodge

Holy Trinity Anglican Church

The Hon. Jody Wilson Raybould MP

Greystone College

JAN-Links

Jam Jar Restaurant

JP Canada

Kalamata Greek Restaurant

Kay Meeks Arts Society

Kin's Market

Kitsilano Neighbourhood House

Lakehead University

Langara College

Malaysian Singapore Brunei Cultural

Association

MetroVancouver Regional District

Community Action Table

Masa Japanese Restaurant

Metro Theatre

MJ Jewelers

Mustard Seeds Knitting Group

Nidus Personal Planning Resource Centre

Nielsen and Group

North Vancouver Presentation House

**Cultural Society** 

North West Dementia Working Group

(Thunder Bay)

Ouisi Restaurant

Pacific Association of FN Women

Pacific Theatre

**Pro-Organics** 

Prospera Credit Union

**Qmunity** 

Rangoli Restaurant

Red Sunset Chinese Group

Rinconcito Salvadoreno

Roundhouse Radio

Royal Bank of Canada

Royal Scottish Dance Society

Sampaguita Seniors Dance Troupe

Save-on Foods

ScotiaBank Dance Centre

Scout Magazine

Seniors Brigade Society

Seniors Chinese Society of Vancouver

Seniors Create Project

Shoppers Drug Mart

Simon Fraser University

Somalian Women's Empowerment Society

Southeast Asian Cultural Heritage Society

Starbucks

Telus Corporation

Terra Breads

The Poster Guy

The University of British Columbia

TRAC Tenant Resource and Advisory

Board

Tricity Iranian Cultural Society

Wailele Wai Wai

West End Seniors Network

West Coast College of Massage

Therapy

West Coast Women's Legal Education &

Action Fund

Westside Seniors Hub

Whole Foods

Vancouver Coastal Health Authority

Vancouver Community Network

Vancouver Courier

Vancouver School Board

Vancouver Pride Society

Vancouver Public Library

University of British Columbia - School of

Nursing

University of Victoria

Gov. of Canada, Canada Summer Jobs

Gov. of Canada, New Horizons

Prov. of BC, Gaming Grants

City of Vancouver - Direct Social Service

Grants

Vancity Foundation

Vancouver Foundation

United Way of the Lower Mainland

BC Assc. of Community Response

Networks

Canada Online Giving Foundation

City of Surrey

Pacific Parklands Foundation

Save-on Foods ScotiaBank

Members of the South Granville Seniors

Friendship Centre Society

#### A Very Big Thank You

To our community partners and donors for their support. SGSC is funded through generous grants and private donations.













